NESSO STRATEGIES

UNIQUE PERSPECTIVES. POWERFUL SOLUTIONS.

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Company Data

DUNS: 046041304
CAGE: 71TW9
Fed ID: 23-3233913
LGBTBE: #10997
CA SB (Micro): #1769600
CUCP DBE: #42236
CPUC LGBTBE, WBE: #14010001
San Diego ELBE: #14NS1107

NAICS Codes

*611430	541618
541611	561110
541612	541990
541614	611710

Representative Clients

City of San Diego
Cox Communications
Society for Human Resource Management
Indiana CPA Society
ARMA International
Perkins Coie
Association of Legal Administrators

We accept all major credit cards and purchase cards for micro-purchases.

Nesso is the Italian word for connection. Since 2009, Nesso Strategies has provided coaching, training, facilitation, and speaking services. Our mission is to develop human capital while connecting people with strategic objectives. Headquartered in San Diego, our consultants provide expertise in designing and delivering client-specific training and coaching solutions. We partner with our clients to assess and exceed their organizational development needs.

Our Differentiators:

- ✓ 92% rate of return clients
- ✓ Over 2,500 hours training and facilitating team development
- ✓ Over 3,500 hours coaching leadership and management
- ✓ 100% licensed Strength Deployment Inventory® facilitators
- ✓ Professional Certified Coach licensed through the International Coach Federation
- ✓ Personalized curriculum design that brings corporate best practices to government agencies

Results you can count on:

"Your facilitation of the firm's retreat was stellar on all counts. Innovative as we might credit ourselves for wanting to move beyond our routine, your work with us so far exceeded our expectations that there's no going back. You delivered beyond any prior teambuilding exercise we'd ever undergone."

- Joe S. (Sept. 2012)

"The beauty of Judy's leadership was that we did focus on our challenges, but in a very constructive, unemotional and non-threatening way. Thank you for the excellent service and creating an environment that allowed us to have some hard conversations."

- Cliff E. (Apr. 2013)

"Her coaching style builds cohesiveness, trust, and awareness in a way that catapults individual performance to new levels. I recommend Judy without hesitation."

- Steve W. (Oct. 2014)

"I loved that every concept had an exercise to demonstrate application."

- Sandra C. (June 2015)

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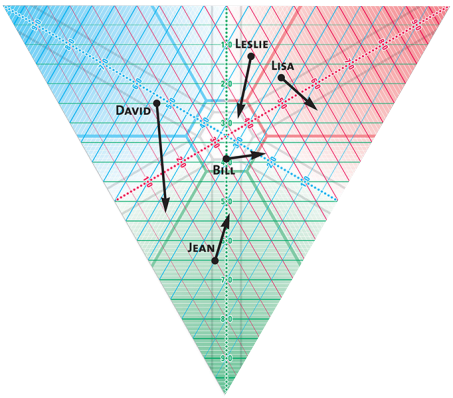
How We Add Value

Communication Skills Development



Strength Deployment Inventory® (SDI®): Our facilitation of your results presents individual communication styles and team dynamics through an easy to follow visual tool. Communication styles impact the culture of your department, employee engagement, silos, and productivity. We develop your training session with you, so our delivery of your results addresses your training objectives.

Conflict Skills: Interpersonal conflict costs millions of dollars each year in lost productivity, employee disengagement, and turnover. The SDI® provides insight into conflict, styles, and you begin to successfully manage conflict for improved efficiency.

Team Building: Our interactive activities are designed to explore group dynamics and reveal communication and accountability challenges. Your teams benefit with stronger interpersonal skills so you can do more, in less time, often with fewer resources.

Strategic Business Improvement

Strategic Planning: We facilitate organizational growth and success by focusing our discussions on your goals and processes. With pre-session conversations, we create the environment when you develop a clear vision and establish accountability mechanisms.

Meeting Facilitation: Enhance your meetings and retreats with dynamic, client-focused support. Our facilitation keeps you on track to effectively tackle your objectives.

Accountability: Our focus is creating processes that encourage individual and team ownership of roles, responsibilities, words, and actions. This training develops a proactive and reliable environment where you and your people can do your best work.

Inclusion 3.0

Unconscious Bias: Demographic, generational and cognitive biases are at the center of struggling Diversity & Inclusion initiatives. We empower clients through education and activities to create inclusive relationships and environments.

Diversity Metrics: A thorough audit of your organization reveals where to best invest your time and energy. An up-to-date strategic diversity plan helps you meet hiring, retention, and performance goals faster.

Inclusive Leadership: Demographic and generational shifts are changing your workforce and client expectations. Build a new kind of leadership to leverage the innovative potential of your people to meet rapidly evolving needs.

Leadership Development

Emotional Intelligence (EI): EI is the cornerstone of leadership. Clients that hone EI build successful relationships, engage followers, and boost motivation to improve execution. We focus our training on understanding your primary motivation – people, process, or performance – to best develop you.

Coaching: Individual and team coaching enhances your learning by anchoring new knowledge in daily tasks. Coaching is a transformative, hands-on process that helps you improve relationships and build skills to meet your goals.

Health Promotion

Work/Life Balance: We help clients redefine "balance," manage stress, and learn to manage their engagement with technology. We use exercises and hands-on learning to move from education to application.

Mind-Body Connection: Our programs address the impact of internal dialogue, the value of empowering language, and recognizing habits. We bring experiential activities to anchor learning and provide healthy alternatives to existing habits and patterns.